



Delight in *delectable*
afternoon tea



Ponder life while
soaking in the tub



Take a long walk *to marvel*
at your surroundings

We have choices to make, a life to tame,
but living in the joy of God is possible. We
must be intentional about taking time to
care for ourselves. To sail, so to speak, into
the clouds with hope requires
intentionality on our part. But living it out
will give us what we need to breathe in
God's peace and to rest in His love.

—
Sally Clarkson

Get lost in a
good book



Fill your home
with *candelight*



Write *a letter* to
a dear friend

