



Hebrews Bible Study Part 9

Enduring with Grace

Take a few minutes to prayerfully read Hebrews Chapter 12.

In verse 1, the author mentions the *“great cloud of witnesses.”* Who are some of the witnesses of faith and faithfulness that inspire you? These can be biblical heroes or more contemporary heroes such as Billy Graham, Dietrich Bonhoeffer, and Hudson Taylor. Consider reading a biography of a hero to inspire you in your faith this month.

Continuing on in verse 1 we are encouraged to *“run with endurance the race that is set before us.”* Learning to endure is not easy, but it is always worth it. What is tripping you up right now? What is entangling your feet so that you cannot run the race? What are your attitudes that need to be shaped?

Sally shares a recent time when she felt herself moving toward depression and how she moved out of that. Make a list of things that you can do to move yourself away from depression or fear when you find yourself tending that direction.

What are some areas in which you are having to endure at this season of your life? Remember that these are very real hardships but they can also be temptations to wallow in our emotions. Are there any places where you are not trusting God or where you feel hopeless? Write them down and give them to God. Let Him change your heart, help you to endure, and move forward in the midst of difficult circumstances.

Read Isaiah 50: 10-11. “Let him trust in the name of the LORD and rely on his God.” How do you need to trust the Lord? We are not living for this world. We WILL be drawn into battles in this life.

“...Lay aside every encumbrance..” Set aside your encumbrances! We will all have seasons of waiting, but God uses those times deeply and richly in our souls.

Sally's shares about enduring through her out-of-the-box child's high school years. It was never easy, but God gave her the strength to keep going. You can too. You have a will. You **can** make it further than you think. You **can** keep going in your ideals if they are the ideals God has called you to. What next step do you need to take to move forward in your ideals?

Verse 2 says, *"fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."* Jesus is your champion! He is rooting for you! He has passed the baton to you to run the race that He has set before you. Run that race with a willing heart, do it because you love Him.

Scriptures to Ponder

Hebrews Chapter 12

Isaiah 50: 10-11

1 Corinthians Chapter 9, especially verses 24-27.