



*Sally Clarkson*

We hunger for God, for life, and for peace just as we hunger for bread. How does Jesus fulfill our longings?

*Jesus said to them, "I am the bread of life; the one who comes to Me will not be hungry, and the one who believes in Me will never be thirsty."*

John 6:35

Bread is a metaphor for many things in the Bible. Some of these are: God's care for us, hospitality, what we have to offer is enough (boy with fish and loaves), and Jesus' body laid down for us. What other metaphor or images related to bread can you find?

Read these scriptures related to Jesus being the Bread of Life. Ask the Lord to show you what it means that Jesus is your bread of life.

John 6: 31- 35; Luke 4: 1-4; Luke 24: 13-35; Matthew 26: 19-20.