



Motherhood

A Mother's Heart for Her God

Sally Clarkson

Devotion to Jesus is a choice.

Read Psalm 27. What does it look like for your heart to follow Jesus at this season?

Cultivate Your Heart for God

Read John 15. Reflect on what it means for you to abide in Christ.

Learn to Walk by Faith

Disciplining Your Mind

Read Phil. 4:8. In what areas do you need to discipline your mind?

Walk in Freedom

Where are you walking in bondage?

Ideas to Care for Yourself

Brainstorm a list of ways to care for yourself. What brings you energy and restoration?