



## Motherhood

*Renew Your Heart: Trust God with Your Story*

*Sally Clarkson*

How do we access hope?

Read Psalm 43:5 and pray how you can increasingly trust God with your story.

*Emotions are neutral but what you do with them determines  
the story of your life. ~Sally*

How can you trust God with your story as it is right now?

Fill your mind with stories of faithful people. What encouraging book will you read this month?

Read John 15 and ponder what *abiding* looks like for you this month.

Psalm 131: 1-2. Is this a picture of your trust in God today? Go to Him!