



A Podcast from *Sally Clarkson*

## Decluttering My Soul

What will it look like for me to have faithfulness and integrity this year?

What are the areas I'm struggling in?

What are the areas I'd like to grow in?

What are the areas I'm bitter about?

What baggage am I carrying that the Lord is asking me to give up?

*You shall love the Lord your God with all your heart, and with all your soul,  
and with all your mind.*

Matthew 22:37

Spend some time pondering these scriptures:

Proverbs 4:23

Revelation 2:4

Romans 8:1

Psalm 27

Psalm 37

Proverbs 4:5-7

What is in your **heart**?

What are the commitments in your **heart** to God for 2021?

What are you allowing to grow in your **soul**?

What stories of goodness are you bringing into your **soul**?

*Therefore, if you have been raised with Christ, keep seeking the things that are above, where Christ is, seated at the right hand of God. Set your minds on the things that are above, not on the things that are on earth. Colossians 3: 1-2*

On what are you setting your **mind**? Set your mind on the thought that God loves you!

How will you care for your **body** in 2021?

What two goals will you make for 2021 in the areas of heart, soul, mind, or body?