

# WHIPPED FROZEN LEMONADE

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## INGREDIENTS

1/2 CUP FRESHLY SQUEEZED LEMON JUICE (2 LEMONS)  
1 CUP FULL FAT COCONUT MILK  
2 1/2 CUPS ICE CUBES  
1/2 CUP SIMPLE SYRUP

## INSTRUCTIONS

PREPARE SIMPLE SYRUP (RECIPE BELOW). THIS WILL MAKE ENOUGH FOR 2 RECIPES.  
IN BLENDER PITCHER, ADD 1/2 CUP SYRUP, LEMON JUICE, COCONUT MILK, AND ICE AND BLEND UNTIL ICE IS CRUSHED AND MIXTURE IS SLUSHY. DIVIDE BETWEEN 4 EIGHT OUNCE GLASSES AND SERVE IMMEDIATELY.

\*ADULT VERSION: ADD 1 SHOT OF RUM TO EACH GLASS, THEN POUR FROZEN LEMONADE ON TOP AND STIR!

# LEMON SIMPLE SYRUP

## INGREDIENTS

1/2 CUP SUGAR  
1/2 CUP WATER  
ZEST OF 1 LEMON

## INSTRUCTIONS

PLACE WATER AND SUGAR IN A SMALL POT, STIR AND BRING TO A SIMMER. STIR IN THE ZEST AND REMOVE FROM HEAT. LET COOL TO ROOM TEMP FOR ABOUT AN HOUR. STRAIN SYRUP TO REMOVE ZEST.