



-Sally Clarkson-

## Ordering Your Routines and Rhythms

Planning is the key to keeping things moving ahead in order

### **1. Family**

Spiritual legacy

Ponder personality

Evaluate stages

What heritage and legacy do you want to build?

- Faith
- Music
- Words
- Ministry
- Leadership mindset

### **2. Managing Information**

### **3. Providing for Rest**

You cannot keep giving out unless you are taking in.

- Messages feeding your heart give peace and rest
- Education—read, think, study, stimulate your mind
- Study Scripture, ponder it, read about it
- Grow in excellence: a skill like piano, speaking, writing, hospitality, ministry
- Rest and recreation must be scheduled

### **4. Stuff**

Make a daily, weekly, yearly plan for managing stuff

### **5. Time**

## **6. Build Life-long Routines that Bring Life, Beauty, Legacy and Love**

Mealtimes

Breakfast every morning

Dinner every night

Family Pizza nights

Sunday morning Feasts

Sunday evening snack meal or breakfast for dinner

Sunday afternoon Tea Times

Morning Blessing: Affirming each person each day

Sometimes I get off and have to start all over again

Closing the Day well

Evening go to bed routine

5:00 pick up

## **7. Enduring to the End with Grace**

*Let us not lose heart in doing good, for in due time we will reap if we do not grow weary. Galatians 6:9*