



Proverbs is an amazing book. It is full of wisdom for life, marriage, work, friendship, avoiding fools and foolish things and so many other topics.

Wisdom is defined as “the quality of having experience, knowledge, and good judgement.”

Our culture respects and idolizes youth, but wisdom comes from experience. Is there someone older in your life that you can glean wisdom from? Consider inviting an older person to coffee and asking what they might share with someone younger.

Our hearts are treasure chests. What are you storing up in your heart little by little over time? (Sarah Clarkson’s book, *Book Girl*, has some wonderful book suggestions for women looking to grow in different areas of life.)

Are you shallow or deep in regards to wisdom?

Psalm 1 has much to say to us about getting wisdom and avoiding evil influences. Who or what is influencing you? Media? Friends? Other philosophies that sound good but aren't biblically sound? Be aware of who you are "walking with" and allowing to counsel you.

Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.

Romans 12:1-2

With Him are wisdom and might;
To Him belong counsel and understanding.
Job 12:13

Spend some time doing your own digging. What does Proverbs have to say about wisdom? Use the concordance in the back of your Bible (or an online concordance) to seek wisdom from the book of wisdom.

Here are some verses to start with:

Proverbs 1:7

Proverbs 2:6

Proverbs 3:13-17

Proverbs 4:5-9

Proverbs 10:8

How will you seek after wisdom this month? Go after it, chase it down, ask God to give you His wisdom. Spend some time memorizing Psalm 1. Post it in a visual place in your home and try reading it aloud once or twice per day. You'll have it memorized in no time. 😊